2020 NIH Extramural Surveys: The Impact of COVID-19 on the Research Community

In October of 2020, 45,348 researchers at domestic, NIH-funded institutions and 224 research leaders from the top 1,000 NIH-funded domestic institutions responded to an NIH COVID-19 Impact on Extramural Research Survey, which aimed to gauge the impact of COVID-19 on the research community.

At a high-level, survey findings emphasized the impact of COVID-19 on the **career trajectory**, **mental health**, and **research productivity** of extramural researchers:



of respondents said the pandemic will have a negative impact their career trajectory



of respondents said societal/political events negatively affected their mental health, more than other factors



of respondents reported lower levels of productivity since the pandemic began

CAREER TRAJECTORY

61% of lab-based researchers agreed that the pandemic will harm their career trajectory

- Asian respondents were more likely than other groups to anticipate a negative career trajectory (65%), with a decline in research activities and lab-based research driving opinions
- Black or African American respondents were least likely to anticipate a negative career trajectory (39%), with relatively fewer lab researchers and more public health researchers driving a more optimistic outlook



A Closer Look...

The strongest predictor of a **negative** career trajectory perception is researchers' **ability to apply for grants**

Top **career stages** that anticipate negatively impacted career trajectories due to COVID-19:



Postdoctoral Fellow/ Resident

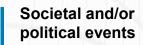
Faculty (0-6 Years)



Faculty (7-14 Years)

MENTAL HEALTH

Top factors that negatively impacted researchers' **mental health** include:



Physical and/or social isolation

Disruption of

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42% of respondents said their mental/physical health had a substantially negative impact on productivity.

- Women and respondents identifying as "other" genders were consistently more negatively impacted than men across top factors affecting mental health
- Early career investigators were consistently more negatively impacted across top factors affecting mental health



promotion/ tenure timeline

Asian researchers cited visa considerations as negatively affecting their mental health at twice the rate than the average

Did You Know?

Survey findings indicated mental and physical health is the **#1** factor negatively impacting the productivity of early career investigators, Hispanics, and African American respondents



- Early- (80%) and mid-career investigators (81%) reported lower levels of productivity due to COVID-19, with faculty members reporting a more negative impact than non-faculty researchers
- 53% of Hispanics indicated their mental/physical health has negatively impacted research productivity since the pandemic began

The Bottom Line:

Top factors that negatively impacted researchers' **overall productivity** include:



Virtual instead of inperson interactions with trainees, mentors, or supervisors



Cancellation of in-person regional, national, and/or international conferences



Changes in laboratory and/or animal facility access

AT A GLANCE: COVID-19 IMPACTS ON EXTRAMURAL INSTITUTIONS

leads to a greater impact on productivity

The less institutional support provided to researchers



83%

of respondents indicated that COVID-19 had a **moderate or major impact on overall research productivity** at their institution



41% of respondents said it is likely the financial repercussions of COVID-19 will jeopardize their institution's ability to maintain research functions

2 in 3 respondents were very or extremely concerned about the pandemic's impact on the financial status of their institution:



of **Doctorate**granting universities reported as very or extremely concerned



of Independent research institutions reported as very or extremely concerned

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